



## Compassionate Campus of Care

East Longmeadow Memory Care Assisted Living offers resident-focused care for those living with Alzheimer's and other forms of memory loss and dementia. Our Life Enrichment memory care programming and compassionate campus of care is specially designed to meet residents' changing needs. And should they require a higher level of care, residents can take comfort knowing they can receive the same exceptional care with preferred access to our onsite skilled nursing center.

## Who are we?

Integritus Healthcare is a non-profit, Massachusetts-based organization offering senior housing, skilled nursing, post-acute rehabilitation, memory care, hospice and palliative care.

We are dedicated to helping older adults regain abilities whenever possible, creating a supportive, homelike environment for those needing long-term care. We also provide senior living housing options and a compassionate hospice experience for those with life-limiting illnesses in the communities we serve.

### Berkshire County

- Fairview Commons Nursing & Rehabilitation Center
- Hillcrest Commons Nursing & Rehabilitation Center
- Kimball Farms Life Care Retirement Community
- Kimball Farms Nursing Care Center
- Mt. Greylock Extended Care
- North Adams Commons Nursing & Rehabilitation Center
- Williamstown Commons Nursing & Rehabilitation Center
- HospiceCare in The Berkshires

### Pioneer Valley

- Charlene Manor Extended Care
- Day Brook Village Senior Living
- East Longmeadow Memory Care Assisted Living
- East Longmeadow Skilled Nursing Center
- Linda Manor Assisted Living
- Linda Manor Extended Care
- Pioneer Valley Hospice & Palliative Care

### Northeastern Massachusetts

- Hunt Nursing and Rehabilitation Center
- Pilgrim Rehabilitation and Skilled Nursing Center

### Southern Massachusetts

- Bourne Manor Extended Care
- Hathaway Manor Extended Care
- Windsor Skilled Nursing and Rehabilitation Center

In addition, Integritus Healthcare offers IntegriNurse—providing nursing staff solutions—and IntegriScript is their institutional pharmacy.

  
East Longmeadow  
Memory Care Assisted Living  
AN AFFILIATE OF INTEGRITUS HEALTHCARE

Meadows Crossing

305C Maple Street • East Longmeadow, MA 01028

413-525-6362



[www.elmmemorycareassistedliving.org](http://www.elmmemorycareassistedliving.org)



  
East Longmeadow  
Memory Care Assisted Living  
AN AFFILIATE OF INTEGRITUS HEALTHCARE



*Life*  
*Enrichment*  
MEMORY PROGRAM





## All-Inclusive Memory Care

Residents living with Alzheimer's and other dementias can discover new possibilities as part of our Life Enrichment memory care assisted living community. Built around the philosophy of habilitation, which focuses on the skills that remain, our program creates an environment where caregivers live inside each resident's world. We provide as much assistance as our residents need for one, all-inclusive monthly fee. The only additional costs are for telephone, cable and guest meals.

## A Caring Community

We focus on ability, with a simplified, encouraging environment, meaningful activities and personal support to promote self-esteem, dignity and feelings of success. Our secure, Life Enrichment community is designed for familiarity, with artwork and color cues to help residents build connections with the world around them.

- 20 private apartments in a secure community committed to resident safety, with access to a gated and locked courtyard
- All-inclusive personal care, including bathing, grooming, dressing, eating, toileting and ambulation
- Common areas reminiscent of home, including family room/activities room, dining area/kitchenette and library
- Medication management
- Full-time Wellness Nurse
- Resident Care Partners for assistance with daily routines 24 hours a day, seven days a week
- Emergency alert system
- Weekly housekeeping
- Three nutritious meals each day, with all-day options and alternative menus
- Days planned around each resident's internal clock, with activities presented at times best for each resident



## Programs for Success

Meaningful activities help residents make connections with the world around them and maintain the abilities they still have. We find that familiar, everyday activities make a great foundation, so we focus on what our residents enjoy doing and what used to be part of their regular routine.

Our dining program keeps things simple to encourage success, with our care team facilitating mealtime socialization and modeling appropriate behavior. Finger foods are options for those no longer able to use utensils, and food and beverages are available all day when formal mealtimes are not realistic. Above all, we assist each resident within his or her current capabilities, always showing the utmost dignity and respect.